



## Knife Defense / Fighting Course

**LENGTH OF COURSE:** 6 hours

**TUITION:** \$150

### **Course description:**

APT Firearms Academy's Knife Defense / Fighting Course is designed to train the common citizen with little or no training in edged weapons. The class will consist of learning the do's and don'ts of defending yourself with a knife and provide a reasonable level of security to the user. The training is enhanced with videos followed by training in realistic techniques of fighting with a knife for self-defense.

In the same way with carrying a gun... If you carry a knife, wouldn't it be a good idea to get some training with it?

### **Topics covered:**

- Psychology of knife fighting
- The draw
- Stance
- Footwork
- Angles
- Weak hand techniques
- Legal issues

### **Equipment needed:**

- Folding Knife