



## Unarmed Counter Measures Training Course



**LENGTH OF COURSE:** 4 hours

**TUITION:** \$175

### **Course description:**

APT Firearms Academy's Unarmed Counter Measures Training Course will expose students to bare hand tactics that can help them defend against and/or escape a violent assault. Students will be taught defense against punches, chokes, kicks, body grabs and more.

### **Equipment needed:**

- Comfortable clothing
- Note taking material