



Unarmed Counter Measures Training Course



LENGTH OF COURSE: 4 hours

TUITION: \$200

Course description:

APT Firearms Academy's Unarmed Counter Measures Training Course will expose students to bare hand tactics that can help them defend against and/or escape a violent assault. Students will be taught defense against punches, chokes, kicks, body grabs and more.

Equipment needed:

- Comfortable clothing
- Note taking material